

4B3

4 = Helping Hand

B = My God

3 = His Power in My Life
(quiet times)

There are two pages. The first is a set of suggestions for a quiet time, the second a chart to tick off each time you have a quiet time.



Quiet Time With Jesus

Here are some ideas for your quiet time with Jesus.
Add your favourites to the list.

Listening to God

Read your Bible
Study your lesson
Read a book about God
Write out a Bible verse
Read a Bible story book
Sit quietly and listen to nature
Ask someone why they love God

Talking with God

Draw a picture
Sing a song
Write a poem or letter
Pray for a friend
Tell God about a problem
List things God has done
Tell God how you feel
Tell God what you like about Him



You will pray to Him
and He will hear you.

Job 22:27



Colour in a square each time you have a quite time.



