

# Readiness Activity

## Obstacle Course

OA1 Various Classes - Basic - Responsibility

### Resources Needed:

Chairs, tables, rug etc

### Activity

Set up a simple obstacle course.

### Ask

Who thinks they could complete the course?

Who thinks they could do it blind-folded?

Let an enthusiastic, confident child try. When the child gets into difficulty provide a helper. Tell the children they can have a helper who will be by their side and whisper directions to them to guide them. Let everyone have a turn.

### Debriefing Questions:

Was it easy to complete the course by yourself blindfolded? Was it easier with a helper?

Who is our Best Helper?

Our pledge says: Because Jesus loves me, I can always do my best.

Ideas provided by Janet Rieger of North NSW Conference in September 2007