

# Helping Hand - My Family - My Family Helps Me Care for Myself

## Requirement

Earn an Adventurer Award, not previously earned, in one of the following areas:

- \* Crafts
- \* Indoor skills
- \* Outdoor skills

## Goal of this track

To empower the children to be happy and productive members of the families God gave them.

## Concept Included in This Component

Safety, stewardship, indoor skills, outdoor skills.

## Objective of this component

Upon completion of the Adventurer requirements the children will:

- Know: the skills needed for the independence appropriate to their age level,  
Feel: confidence and fulfilment in their growing ability to manage their own lives with Jesus' help, and  
Respond: by regularly practicing their growing independence skills.

## Background Information

Adventurer Awards in each category that are appropriate are listed below. See the *Adventurer Award* section at the end of this manual for requirements.

### *CRAFTS*

- \* Basket Maker
- \* Build and Fly
- \* Handicraft
- \* Home Crafts
- \* Sewing Fun

### *INDOOR SKILLS*

- \* First Aid Helper
- \* Home Helper
- \* Music Maker
- \* Sewing Fun

### *OUTDOOR SKILLS*

- \* Camper
- \* Carpenter
- \* Cyclist
- \* Gardener
- \* Guide
- \* Outdoor Explorer
- \* Skater
- \* Skier

## Norm's Notes

Again in the case of a choice of optional awards, it is preferable if each child can select their own award. This may make organisation difficult but it helps to enhance the child's practice of "their growing independence skills".

The material here is taken from pages 14, 24 and 161 of the printed manual.